

TITAN TIMES

The Parent survey regarding the addition of late starts to the schedule for 2024-2025 is ongoing. Get your responses in for one more week! Click here!

Senior's Night will be happening on March 7th! Come on out to cheer on the senior boys and girls teams play! All grades are welcome. The admission will be 2\$ and all funds raised will go to support Cops for Cancer which fundraises for pediatric cancer research.

We would like to congratulate Mehar D and Arjun L for qualifying for the Wrestling Provincials! Way to go Titans!

On Thursday February 22 Band will be doing a fundraiser lunch by Boardwalk. The options are, Chicken Strips and Fries for \$6.00 or an order of fries for \$4.00. Orders will be available for purchase on School Cash Online. The deadline for orders will be Feb 19th. There will not be any orders day of.

Grade 8-11 students, get your course planning done now! Deadline is March 1, 2024. Visit the ATS website for more info here or visit the Counselling Centre if you have questions.

Did you know? Denisa is the Restorative Action (RA) facilitator in ATS this year and has already facilitated a number of learning circles with youth in the school! She has also provided several tips and strategies for discussions to start having with your teens which we will share each week.

Weekly Tip #4: Using "I" statements for better communication! "I feel ... (sad, angry, frustrated, and disappointed) because ... and I need you to. For example, "I feel frustrated because you have been speaking to be disrespectfully to me when I am trying to help you. I need you to speak to me politely if you want me to listen to you". The use of "I" statements are assertive relating to your boundaries and can act to deescalate conflict and foster better communication overall. Furthermore, by using this statement, it also encourages and models assertive communication for youth to use with their peers at school to de-escalate conflict.

The Ministry of Education and Child Care in hosting free virtual sessions on youth substance use for parents/guardians/caregivers. Check out the information here!

VALUE ADDED

RESPECT

- Greet others and respond appropriately when they greet you.
- Use "please" and thank you" often.
- Use proper names and formal titles when addressing others (Mr., Mrs., Sir, etc).
- Use appropriate language. Swearing or rude language is offensive.
- Avoid walking between others when they are having a conversation.
- Be tolerant of different views and perspectives.
- Respect others who are waiting by proceeding to the back of the line.
- Raise your hand to speak in class.
- Share the hallways and stay to the right when possible and keep entrances clear.
- Line up in single file to enter the building and/or classes when instructed by supervisors.

On the Horizon

Feb 19	Family Day - No Classes
Feb 20/22/24	Parent Session: Youth Substance Abuse
Feb 21	Grad Photo Retakes
Feb 28	Pink Shirt Day
Feb 29	Grade 6-8 Class Photos
Mar 1	Secondary Late Start
Sat Sun 8° 3° 6° 2°	Mon Tue Wed Thu Fri



Gr 10 & 11s

Love working with children?



Are you interested in:

- paid tuition
- earning UFV credits while in high
- a career working with children
- Info Session: Thursday February 29 **Lunchtime in the LLC**
- - RSUP by Feb 23 to shelley.putman@abbyschools.ca

LEAP into Trades OPEN HOUSE

Thurs, Feb 29 I 2:30 pm-7:30 pm

- Tour the facilities
- Try-a-trade activities
- Meet your instructors
- Cheer on the winners of the Skills Canada BC Regional Competition

Questions? Call 604-847-5448 or email trades@ufv.ca

Check out our many Trades & Technology programs and RSVP to win a \$250 KMS TOOLS gift card at ufv.ca/trades

