

## TITAN TIMES

Monday pizza sales are back on! This is a fundraiser for the upcoming band trips. Pizza is \$2 a slice and there are other concession items available for \$1-2 each as well.

Secondary report cards were posted today! Make sure you login and download your report card for your records. Instructions can be found <a href="https://example.com/here!">here!</a> Report cards are available to download for 30 days after posting, so make sure you get yours before its gone!

Yearbooks are now \$55. Order yours on School Cash Online. February 12th is the last day you can order a yearbook.

Parent teacher conferences for middle students are coming up on February 7 & 8. The school appointments link is open now. If you had signed up for the October conferences through School Appointments, your account should be all set, but make sure to login to refresh your password if necessary. Instructions for sign up can be found by clicking here. Click here to sign in There will be early dismissal on February 7 & 8 as well. Students are dismissed at 11:25, busses will run 2.5 hours earlier than usual at approximately the end of our usual lunchtime.

Did you know? Denisa is the Restorative Action (RA) facilitator in ATS this year and has already facilitated a number of learning circles with youth in the school! She has also provided several tips and strategies for discussions to start having with your teens which we will share each week. Weekly Tip #2: "Seek first to understand then to be understood". As parents we often seek first to be understood by our children. Everyone, young or old, appreciates the feelings of being heard. The positive effects of feeling heard and understood can open up a child's ability to then really hear and learn from a parent. Studies show that all a youth needs is one person who can be there to listen to them without judgement and this alone can improve the trajectory of their life. This one tip can positively impact communication between parents and caregivers and youth and helps to de-escalate situations of conflict.

Middle Schools across the district are promoting the Abbotsford Canucks Middle School Night tonight. Game time is 7:00 pm. This game will recognize middle school aged youth at the game and pass out some prizes for some lucky students. If your family buys tickets through our school link, ATS will receive \$5 back for every ticket sold. <u>Click here to buy!</u>

Next week the school district is hosting an online session for parents/caregivers to help navigate the use of technology and social media with your students. Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversa-

tion of safe and caring use of technology at home and in the community. Some of the most prominent concerns currently surrounding the use of social media platforms, smartphones, and artificial intelligence will be discussed. <u>Click here for registration information</u>.

As part of the parent series for the 2023/24 school year, the District Parent Advisory Council (DPAC) and the Abbotsford School District are pleased to announce a fourth session, titled 'The Evolution of Inclusion'.

This session is designed to empower parents and caregivers with practical insights into the ever-evolving landscape of diversity and identity in today's world. This engaging session offers a platform for participants to ask questions and discuss relevant issues impacting classrooms and schools. Join us for an enlightening evening that promises to enhance your understanding and ability to guide your children through these complex times. Click here for registration infor-

## On the Horizon

<	Feb 2	Secondary Report Cards Available to Download					
	Feb 6	PAC Meeting @ 7pm					
_	Feb 7 & 8	Early Dismissal					
•	Feb 7 & 8 Parent Teacher Conferences						
	Feb 9	Secondary Late Start					
	Feb 16	Non-Instructional Day - No Classes					
	Feb 19	Family Day - No Classes					
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