

ATMS Athlete's Code of Honour



Abbotsford Traditional
Middle School

The actions of a student-athlete are a reflection of themselves, their team, their school and their community. A student's involvement in a school sport provides opportunities and experiences that are important to the development of a well-rounded student.

First and foremost, all players must show respect for their teammates, coaches and spectators at all times.

Student athletes must act in accordance with the following:

Class – Live and play with class; be a good sport, be gracious in victory and accept defeat with dignity. Give fallen opponents help, complement extraordinary performances, show sincere respect in pre and post-game rituals.

Respect – Treat everyone with respect at all times and require the same from your teammates. Don't complain about or argue with official calls or decisions during or after the event.

Disrespectful conduct – Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, trash-talking, taunting, boastful celebrations or other actions that demean individuals or the sport.

Role modeling – Consistently exhibit good character and conduct yourself as a positive role model.

Self-control – Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

Concern for others – Demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to others.

Play by the rules – Honour the spirit and the letter of the rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

Practices – Demonstrate a commitment to the program by attending practices; realize the importance of game preparation. Be on time, assist with equipment and come prepared to play.

Academics – We expect all students to perform to the best of their abilities.

Participation in sports is a privilege not a right. You are expected to represent your school, coaches and teammates with honour, on and off the field.

I pledge to follow the ATMS Athletes Honour Code

Student Name: _____ Student Signature: _____

Parent Name: _____ Parent Signature: _____

Date: _____